



Weekly Practice Builder

In response to increasing demand from Practitioners, Biotics Research has developed the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

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Our featured supplement of the week is the **ProMulti-Plus™**

Why do your patients need ProMulti-Plus™? Research has clearly demonstrated that diet alone may not supply nutrients in sufficient amounts necessary for overall good health. Many studies support the use of dietary supplementation to ensure adequate consumption of important nutrients. A growing number of doctors, researchers, and nutritional experts agree that supplementation is important to protect against common deficiencies, many of which have been linked to unwanted chronic conditions, and to provide support for optimal physical and mental wellness. Therefore, for generalized well being, a comprehensive multi-vitamin and mineral formula is required to ensure that the nutritional basics are covered.

Why choose ProMulti-Plus™ from Biotics Research Corporation? Developed in conjunction with Dr. Alex Vasquez, **ProMulti-Plus™** is a versatile, balanced multiple vitamin and mineral supplement designed to offer high potency nutrition to active patients. Available exclusively through Biotics Research Corporation, **ProMulti-Plus™** supplies a complete array of antioxidant enzymes, as well as a wide variety of important synergists, such as trace minerals, natural mixed carotenoids, bioflavonoids, green tea extract, and BioPerine®. In addition, each daily dose of **ProMulti-Plus™** provides 2,000 IU of vitamin D3. **ProMulti-Plus's™** convenient capsule size makes it an ideal multivitamin choice for patients that report difficulty swallowing traditionally large vitamin tablets. As always, you can count on Biotics Research Corporation to offer superior nutritional products supplying "The Best of Science and Nature".



Studies You Should Know About

Vitamin D insufficiency associated with increased childhood asthma risk. A recent Costa Rican study of 616 children ages 6-14, found that "lower vitamin D levels are associated with increased markers of allergy and asthma severity." Their results also suggested that vitamin D deficiency is relatively common amongst equatorial populations. *Brehm JM, Celedon JC, Soto-Quiros ME, Avila L, Hunninghake GM, Forno E, Laskey D, Sylvia JS, Hollis BW, Weiss ST, Litonjua AA. "Serum Vitamin D Levels and Markers of Severity of Childhood Asthma in Costa Rica". American Journal of Respiratory and Critical Care, Volume 179, Pages 765-771*

Probiotics use during the first trimester of pregnancy may protect against post-pregnancy weight gain. Finnish researchers reported that supplementing Lactobacillus and Bifidobacterium during early pregnancy were associated with less central obesity and total percentage of body fat.. Central obesity is defined as a body mass index (BMI) of 30 or more or a waist circumference over 80 centimeters (~31.5 inches). *Kirsi Laitinen et al. European Congress on Obesity. Thursday, 7 May 2009.*

**Questions? Comments?
Biotics Research wants to
hear from you!**



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.